

Teaching and learning in PSHRE is supported by the use of One Decision. Below is an overview of the topics and themes taught throughout an academic year and across school.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Keeping / Staying Healthy Washing Hands Keeping/ Staying Safe Road Safety	Fire Safety Hoax Calling	Relationships Friendships	Feelings and Emotions Jealousy	Computer Safety Online Bullying Hazzard Watch	Our World Growing in our World
Year 2	Keeping / Staying Healthy Healthy Eating Keeping/ Staying Safe Brushing Teeth	Being Responsible Practice makes perfect. Helping Someone in Need	Relationships Bullying Body Language	Feelings and Emotions Worry Anger	Computer Safety Image Sharing Fire Safety Petty Arson Hazard Watch	Our World Living in our World Working in our World
Year 3	Keeping/ Staying Safe Leaning out of Windows Keeping / Staying Healthy Medicine	Computer Safety Making friends online	Being Responsible Stealing Relationships Touch	Feelings and Emotions Grief	Being Responsible Looking after our World	Visit to the Fire Station Hazard Watch
Year 4	Keeping/ Staying Safe Cycle Safety Keeping / Staying Healthy Healthy Living	A World without Judgement Breaking Down Barriers	The working world Chores at Home First Aid	Feelings and Emotions Jealousy	Being Responsible Coming Home on Time Computer Safety Online Bullying	Relationships Growing and Changing Appropriate Touch
Year 5	Keeping/ Staying Safe Peer Pressure	Keeping / Staying Healthy Smoking	Being Responsible Looking out for others	Looking out for others Inclusion and acceptance Feelings and Emotions Anger	Computer Safety Image Sharing The Working World Enterprise	Growing and Changing Puberty First Aid
Year 6	Keeping/ Staying Safe Water Safety Being Responsible	A World without Judgement British values	Feelings and Emotions Worry	Computer Safety Making Friends Online	Keeping / Staying Healthy Alcohol First Aid Part 2	Growing and Changing Puberty and Conception

	Stealing		First Aid Part 1	The Working World In app Purchases		
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