









Everyday favourites	N	Mid-week roast	Take-away day
MONDAY	TUESDAYY WA	SUPLIFY TAPESELLE	TOGY FLYDDGY

SAMMY
SWEETCORN
SAYS

Enjoy your



OPTION 1	Hunter's Chicken	Pork Sausages	Roast Chicken Gravy	Fish Fingers	Pizza
OPTON 2	Pasta Neapolitan v	Vegetarian Sausages v	Quorn Balls v Gravy	Vegetarian Sausage Roll v	Selection v
JASKET	Jacket Potato with Cheese	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Coleslaw
CARBS	Rice F		Roast Potatoes	Diced Potatoes	Chips
PUDDANG	Wafflemeister Waffle	Chocolate Cookie or Flapjack	American Pancakes with variety of toppings	Marble Sponge Custard	Fruity Friday A selection of fruit based desserts

ALL SERVED WITTH.... A choice of two vegetables, fresh fruit & fruit yoghurts ice-cream & sorbets DAILY SUB OR SANDWICH CHORS... Ham or Cheese - Mon/Wed/Fri Tuna or Cheese - Tue/Thur

Dingle Community School Menu





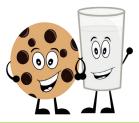
OPTION

OPTION

BAR

CARBS

PUDDANG



Chicken

Goujons

Vegetable

Lasagne v

Jacket Potato

with Cheese

Potato

Crunchies

Mini

Doughnut





Roast Pork

Gravy

Shepherdess

Pie v

Jacket Potato

with Cheese

Roast

Potatoes

Chocolate

Shortbread



Chicken Tikka

Masala

Quorn

Burger v

Jacket Potato

with Cheese

& Beans

Rice

or Diced

Potatoes

Fruit Jelly



Pizza Selection

Jacket Potato

with Cheese

& Coleslaw

Chips

or Rice

Fruity Friday

A selection of fruit

based desserts

Everyday favourites		Mid-week roast		Take-away day
MONDAY	TUESDAYY	TARRELLUELLY	THUKSDAYY	

Beef

Bolognaise

Country

Vegetable

Bake v

Jacket Potato

with Cheese

& Beans

Pasta

Syrup Sponge

Custard

SAMMY
SWEETCORN
SAYS

Enjoy your

lunch'



ALL SERVED WHTH.... A choice of two vegetables, fresh fruit & fruit yoghurts ice-cream & sorbets DALY SUB OR SANDWHOLL GLORGE... Ham or Cheese - Mon/Wed/Fri Tuna or Cheese - Tue/Thur

















	Everyday favourites		Mid-week roast		Take-away day	
		TUESDAYY	VIEDLIESTON'S	THURSDAYY		

SAMMY SWEETCORN SAYS...

Enjoy your lunch'



OPTION 1	Pizza Naan	Fish Stars	Roast Beef Gravy	Chicken in a Bun	Pizza
OPTION 2	Quorn Dippers v	Mac 'n' Cheese v	Quorn Balls v Gravy	Cheese & Onion Roll v	Selection
JASKET	Jacket Potato with Cheese	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Coleslaw
CARBS	Potato Crunchies Garlic Bread or Potato Wedges		Mashed Potatoes	Diced Potatoes or Pasta	Chips
PUDDING	Wafflemeister Waffle	Hot Chocolate Sponge & Custard	Cornflake Cake	Shortbread Selection	Fruity Friday A selection of fruit based desserts

ALL SERVED WITTH... A choice of two vegetables, fresh fruit & fruit yoghurts müller ice-cream & sorbets



DANLY SUB OR SANDYING GOOGE... Ham or Cheese - Mon/Wed/Fri Tuna or Cheese - Tue/Thur