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Tuesday 16<sup>th</sup> June 2026

Dear Parents and Carers,

We have arranged for our school nurse to visit year 5 next Tuesday 23<sup>rd</sup> June as part of our PSHE work. The session will involve a variety of discussion and activities, covering changes that effect children as they approach puberty.

The work will include looking at physical, emotional and behavioural changes and will also discuss personal hygiene. All of the teaching materials we use are designed for primary school study and will include videos, worksheets and discussion. All aspects of the work will be handled sensitively and there will be an opportunity for children to ask individual questions if they wish. Some activities will be carried out in single gender groups.

Further information on our curriculum and a wealth of resources can also be found on our school website, under the curriculum section.

<https://www.dingle.dudley.sch.uk/page/?title=Our+Curriculum&pid=137>

We thank you as always for your support, if you have any queries/questions then please don't hesitate to contact me.

With best wishes

Mrs J Richardson  
(Deputy Headteacher)

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“Dingle Community Primary School, where every child has a **V.O.I.C.E**”

**V**-be **V**alued for who you are, **O**-have **O**pportunities to grow, thrive and make a difference. **I**-feel **I**ncluded with a sense of belonging. **C**-**C**are for and be part of our community. **E**- have high **E**xpectations of ourself and others.

*“A child who feels heard becomes a child who dares to dream”*