



Positive Playtimes

Friday 27th March 2026

Dear Parents,

Subject: Exciting News About Our Positive Playtime Programme

We are thrilled to announce that soon after the Easter holidays, Dingle is going to be launching the Positive Playtime Programme, designed to enhance opportunities for physical activity, creativity, cooperation, coordination, resilience, enjoyment, and imagination during playtime.

This initiative is led by Therese Hoyle, founder of the Positive Playtime Essentials and Award Programmes, the Lunchtime Supervisor Superhero Programme, and the Positive Playtime Online Academy. Therese is also the bestselling author of *101 Playground Games* and *How to be a Peaceful School*, and she co-edited *The Big Book of Whole School Wellbeing (2021)*.

With her extensive experience working with over 1,500 schools globally, Therese has been recognized as Educator of the Year this year for her impactful contributions to education. Her programmes aim to transform the quality of playtimes and lunchtimes, positively influencing student behaviour, engagement, learning, and overall well-being.

Recognizing that playtime constitutes 20% of your child's school experience—equivalent to 1.4 years of primary education—we are committed to making this time enriching and beneficial. Schools implementing the Positive Playtime Programme report numerous advantages, including increased enjoyment of school, reduced conflicts among children, fewer accidents, and enhanced behaviour. These experiences are vital for children's physical and mental health, aligning with current best practices in health, safety, and development.

As we enhance play opportunities, you may notice changes in how students utilise the school grounds, encouraging them to explore more areas throughout the year.

Dingle will be supported by Therese Hoyle and the Positive Playtime Programme in the summer term and at the beginning of the next academic year, where we hope to work towards the accolade of 'The Positive Playtime Award'

To learn more about the Positive Playtime Programme, we encourage you to visit Therese Hoyle's website, which contains a wealth of information – www.theresehoyle.com.

We are looking forward to officially 'launching' with the children after the holidays and are excited to share our progress with you in newsletters over the coming months. We also hope that we will be able to host an event where you can witness the changes firsthand and even join in the fun!

We are genuinely excited about this project and hope for your support in enhancing playtimes for all children.

Warm regards,

Mrs Richardson and The Positive Playtime Team
(Mrs James, Miss Hadlington, Miss Jones and our Year 5 Play Ambassadors)

"Dingle Community Primary School, where every child has a **V.O.I.C.E**"

V-be Valued for who you are, **O**-have **O**pportunities to grow, thrive and make a difference. **I**-feel Included with a sense of belonging. **C**-Care for and be part of our community. **E**- have high Expectations of ourself and others.

"A child who feels heard becomes a child who dares to dream"