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Wednesday 4th November 2026

Dear Parents/Carers,

Anti-Bullying Week Monday 16th November to Friday 20th November

We are delighted to share that once again Dingle will be taking part in The Anti Bullying Alliance's Anti-Bullying Week. We join over 80% of schools and an estimated 8 million children to discuss and work on the important themes and issues surrounding bullying. This year the focus is **Break the Silence**, encouraging children, young people and adults across the UK to start conversations about bullying, speak up, listen and take action together.
The theme was developed in collaboration with the anti-bullying sector and shaped directly by the voices of more than 200 children and young people, many of whom spoke about the silence that can surround bullying and the barriers young people face in asking for help.
Throughout the week the children will be involved in assemblies and classroom activities which will help them to understand that 'Breaking the Silence' can change lives.
On Tuesday 17th November Loudmouth Theatre Company will be working in school. Year 5 will watch a live drama 'Bully Busters' and take part in hot seating and a workshop with one of the Loudmouth team members.
CBeebies star Andy Day and his band, Andy and the Odd Socks, are also supporting Anti-Bullying Week 2026 and are encouraging children to wear odd socks to school during the campaign to show their support. **Therefore, we would like the children to come to school on Monday 16th November wearing odd socks alongside their normal school uniform.**

CHILDREN IN NEED Friday 20th November 2026
BBC Children in Need is the BBC's UK charity. As of September 2026, and since 1980, it has raised over £1 billion for disadvantaged children and young people in the UK.
Dingle Community has been very proud to support the charity for a number of years and would like to get involved again.
Therefore, **on Friday 20th November the children can come into school wearing something spotty**! This can be an accessory, face paint, or an item of clothing. As this is PE day for a number of our children, we ask that trainers and suitable clothing are worn too.
To support the event, a suggested donation of £2 can be made through School Money.

We would like to thank you in advance for your continued support, and we look forward to an exciting Anti-bullying and Children in Need week.
With best wishes
Mrs J Richardson