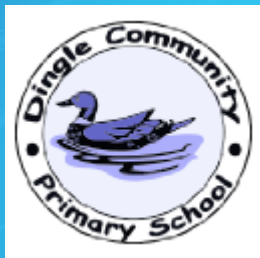




# Our PSHE Curriculum



**WEST MIDLANDS FIRE SERVICE**



***“Dingle Community Primary School,  
where every child has a V.O.I.C.E”***



**Alone we are smart.  
Together we are  
brilliant.**



**~ Steven Anderson**



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## PSHE

PSHE is taught progressively through the 3 key concepts of: Health and Wellbeing, Relationships and Living in the Wider World.

These key concepts are aligned with the PSHE Association's Programme of Study and 1decision scheme of learning.



Health and Wellbeing



Living in the Wider World



Relationships

### Key concepts (Big Ideas) in PSHE

#### Health and Wellbeing



Pupils will learn about physical wellbeing, mental health, themselves, growing and changing and keeping safe

#### Living in the Wider World



Pupils will learn about responsibilities, communities, media and digital resilience, economic wellbeing, aspirations and careers.

#### Relationships











Pupils will learn about families and close positive relationships, caring friendships, respectful relationships online relationships and being safe

Our curriculum follows 1decision and as well as being built around these core themes, it follows the 10 principles of effective PSHE education, which are as follows:

1. Start where children and young people are: find out what they already know, understand, are able to do, and are able to say.
2. Plan a 'spiral programme' which introduces new and more challenging learning, while building on what has gone before, which reflects and meets the personal developmental needs of the children and young people.
3. Take a positive approach which does not attempt to induce shock or guilt but focuses on what children and young people can do to keep themselves and others healthy and safe and to lead happy and fulfilling lives.
4. Offer a wide variety of teaching and learning styles within PSHE education, with an emphasis on interactive learning and the teacher as facilitator.
5. Provide information which is realistic and relevant, and which reinforces positive social norms.
6. Encourage young people to reflect on their learning and the progress they have made, and to transfer what they have learned to say and to do from one school subject to another, and from school to their lives in the wider community.
7. Recognise that the PSHE education programme is just one part of what a school can do to help a child to develop the knowledge, skills, attitudes and understanding they need to fulfil their potential. Link the PSHE education programme to other whole school approaches, to pastoral support, and provide a setting where the responsible choice becomes the easy choice. Encourage staff, families and the wider community to get involved.
8. Embed PSHE education within other efforts to ensure children and young people have positive relationships with adults, feel valued and where those who are most vulnerable are identified and supported.
9. Provide opportunities for children and young people to make real decisions about their lives, to take part in activities which simulate adult choices and where they can demonstrate their ability to take responsibility for their decisions.
10. Provide a safe and supportive learning environment where children and young people can develop the confidence to ask questions, challenge the information they are offered, draw on their own experience, express their views and opinions and put what they have learned into practice in their own lives

# Our Curriculum Overview

We are Responsible Citizens	Autumn	Spring	Summer
<p><b>Year 1</b></p>  <p>Individual Liberty, Respect &amp; Tolerance, Rule of Law</p>	<p><u>Keeping and Staying Safe</u> Road Safety</p> <p><u>Being Responsible</u> Water Spillage</p> <p><u>Feelings and Emotions</u> Jealousy</p> 	<p><u>Keeping Healthy</u> Washing Hands</p> <p><u>Relationships</u> Friendships</p> <p><u>Computer Safety</u> Online Bullying</p> 	<p><u>A World Without Judgement</u></p> <p><u>Our World</u> Growing in our world</p> <p><u>Fire Safety</u> Hoax Calling</p> 
<p><b>Year 2</b></p>  <p>Democracy, Rule of Law, Individual Liberty, Respect &amp; Tolerance</p>	<p><u>Keeping and Staying Safe</u> Tying shoelaces Staying Safe</p> <p><u>Being Responsible</u> Practice Makes Perfect Helping Someone in Need</p> <p><u>Feelings and Emotions</u> Worry Anger</p> 	<p><u>Keeping Healthy</u> Healthy Eating Brushing Teeth</p> <p><u>Relationships</u> Bullying Body Language</p> <p><u>Computer Safety</u> Image Sharing Computer Safety Documentary</p> 	<p><u>A World Without Judgement</u></p> <p><u>Our World</u> Living in our world Working in our world</p> <p><u>Fire Safety</u> Petty Arson Texting whilst driving</p> 

# Our Curriculum Overview

## Year 3



### Keeping and Staying Safe

Leaning out of windows

#### Being Responsible

Stealing

### Feelings and Emotions

Grief



### Keeping Healthy

Medicine

#### Relationships

Touch

### Computer Safety

Making friends online



### A World Without Judgement

#### Our World

Looking after our world

#### Fire Safety

Visiting the Fire Station



## Year 4



### Keeping and Staying Safe

Cycle Safety

#### Being Responsible

Coming home on time

### Feelings and Emotions

Jealousy



### Keeping Healthy

Healthy Living

#### Relationships

Appropriate Touch

### Computer Safety

Online Bullying



### A World Without Judgement

Breaking Down Barriers

#### Our World

Chores at Home

#### First Aid

First Aid Year 4



***“Dingle Community Primary School,  
where every child has a V.O.I.C.E”***



## Year 5



### Keeping and Staying Safe

Peer Pressure  
Adults and Children's Views

### Being Responsible

Looking out for others  
Adults and Children's Views

### Feelings and Emotions

Anger  
Adults and Children's Views



### Keeping Healthy

Smoking  
Adults and Children's Views

### Relationships

Puberty  
Adults and Children's Views

### Computer Safety

Image Sharing



### A World Without Judgement

Inclusion and Acceptance  
Adults and Children's Views

### Our World

Enterprise  
Adults and Children's Views

### First Aid

First Aid Year 5  
Adults and Children's Views



## Year 6



### Keeping and Staying Safe

Water Safety

### Being Responsible

Stealing

### Feelings and Emotions

Worry



### Keeping Healthy

Alcohol

### Relationships

Conception

### Computer Safety

Making Friends Online



### A World Without Judgement

British Values

### Our World

In App Purchases

### First Aid

First Aid Year 6 (Part 1 and 2)



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# Our Dingle Values

“Dingle Community Primary School, where every child has a V.O.I.C.E”

V – be Valued for who we are

O – have Opportunities to grow, thrive and make a difference

I – Feel Included with a sense of belonging

C – Care for and be part of our community.

E – have high Expectations of ourself and others

“A child who feels heard becomes a child who dares to dream”



Our Dingle values are pivotal to our PSHE Curriculum and complement and interlink with them in most lessons.

Everybody is **included** in lessons and their opinions are **valued**. We celebrate our differences and are inspired by others who have careers and jobs that we aspire to.

We are **compassionate** towards the views of our classmates and enjoy sharing our opinions and our talents in a positive, encouraging way. We enjoy learning about a diverse range of people who have been **ambitious** and encountered challenges, showing **resilience**.

We aim **high** in every lesson and enjoy challenging ourselves in our learning.



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We are incredibly proud to be working towards our Rights Respecting Schools award.

Rights are becoming an essential part of our curriculum and articles are therefore referenced in all our subjects.



Democracy



Rule of Law



Individual Liberty



Respect & Tolerance

British Values are an integral part of our curriculum, and we purposefully plan many opportunities to help our children understand and celebrate life in modern Britain.

Sustainability and caring for our world is another area of significance to our curriculum. We therefore ensure the Global Goals for Sustainable Development are also considered and shared with our pupils.



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