Dingle Community Primary School

National Curriculum Coverage Report PE

Key Stage 1

	Year 1	Year 2
Pupils Should:		
• **Master basic movements**: running, jumping, throwing, catching, plus balance, agility, and coordination.		
• **Participate in team games**: develop simple attacking and defending tactics.		
• **Perform dances**: using simple movement patterns.		
• Engage in **competitive and co-operative** activities in increasingly challenging situations		

Key Stage 2

	Year 3	Year 4	Year 5	Year 6
Pupils Should:				
• **Apply and develop a wider range of skills**, linking movements into sequences.				
• **Play competitive games** (modified where appropriate) such basketball, cricket, football, hockey, netball, rounders, tennis, applying basic attacking/defending principles.				
• **Develop flexibility, strength, technique, control, and balance** (e.g., athletics, gymnastics).				
• **Perform dances** using a range of movement patterns.				
• **Take part in outdoor and adventurous activities** individually and in teams.				
• **Evaluate performance** and recognise personal improvement				